

" " " " ||
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(11-13)												
1.	800	9:31.01	611	100	1:02.00	580	200	2:34.39	545		1736	3
2.	800	9:32.71	606	200	2:34.03	548	100	1:04.17	523		1677	3
3.	200	2:30.05	593	100	1:06.51	580	800	10:28.15	459		1632	3
4.	800	9:51.85	549	200	2:35.29	535	100	1:09.11	517		1601	3
5.	200	2:33.40	555	100	1:04.05	526	800	10:11.24	498		1579	3
6.	200	2:38.04	508	800	10:12.21	496	100	1:05.49	492		1496	3
7.	100	1:10.65	534	200	2:40.87	481	800	10:21.79	473	"	1488'	3
8.	200	2:40.04	489	100	1:06.95	460	800	10:28.54	458	"	1407	3
9.	200	2:40.79	482	800	10:24.21	468	100	1:08.83	424		1374	3
10.	800	10:18.47	481	200	2:45.45	442	100	1:13.46	430	"	1353'	3
11.	800	10:09.06	504	100	1:08.50	430	200	2:49.33	413		1347	3
12.	100	1:12.42	449	200	2:44.87	447	800	10:37.46	439		1335	3
13.	800	10:26.26	463	200	2:46.51	434	100	1:09.11	418		1315	3
14.	200	2:44.57	450	100	1:23.77	448	800	10:56.10	403	-18	1301	3
15.	800	10:39.44	435	100	1:09.32	415	200	2:49.60	411		1261	3
16.	800	10:36.64	441	200	2:49.58	411	100	1:09.93	404		1256	3
17.	200	2:47.91	423	100	1:09.30	415	800	10:52.71	409	"	1247'	3
18.	200	2:44.64	449	100	1:07.60	447	800	11:27.70	350	"	1246	3
19.	100	1:08.62	427	800	11:04.04	389	200	2:52.79	388	"	1204'	3
20.	100	1:08.23	435	200	2:47.80	424	800	11:34.46	340	-18	1199	3

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21.	100	1:09.20	417	200	2:50.56	404	800	11:12.11	375	26 "	"	1196	3	
22.	800	10:53.32	408	100	1:10.01	402	200	2:54.58	377	13		1187	3	
23.	200	2:51.68	396	100	1:11.12	384	800	11:17.37	366	11	" "	1146	3	
24.	100	1:27.93	387	200	2:53.59	383	800	11:20.11	362	13		1132	3	
25.	800	11:00.06	396	200	2:52.21	392	100	1:32.08	337	12		1125	3	
26.	100	1:16.65	418	200	2:54.35	378	800	11:44.21	326	11	" "	1122	3	
27.	200	2:51.29	399	100	1:17.35	369	800	11:27.86	350	12		1118	3	
28.	100	1:18.68	386	800	11:19.85	362	200	3:00.50	341	11	19 "	"	1089	3
29.	100	1:11.99	370	200	2:56.80	362	800	11:27.68	350	11	19 "	"	1082	3
30.	100	1:11.60	376	800	11:21.02	360	200	2:59.81	345	13	19 "	"	1081	3
31.	800	11:06.26	385	200	2:58.30	353	100	1:14.03	340	12		1078	3	
32.	100	1:10.95	387	800	11:26.66	351	200	3:01.02	338	11	" "	-	1076'	3
33.	200	2:49.97	408	100	1:22.12	340	800	11:49.62	318	12	" "	1066	3	
34.	800	11:10.87	377	100	1:14.52	334	200	3:03.92	322	12		1033	3	
35.	100	1:13.10	353	200	2:59.86	344	800	11:52.58	314	12		1011	3	
36.	100	1:11.41	379	200	3:04.69	318	800	11:58.71	306	11		1003	3	
37.	200	2:57.61	358	800	11:44.60	325	100	1:34.24	315	13		998	3	
38.	100	1:12.97	355	200	2:59.99	344	800	12:11.17	291	13	" "	-	990 "	3
39.	200	2:59.34	347	100	1:21.76	344	800	12:05.13	298	12	" "	-	989 "	3
40.	200	3:00.56	340	100	1:33.36	324	800	11:49.00	319	12	" "	983	3	
41.	200	3:00.65	340	100	1:22.16	339	800	12:40.70	258	12	" "	-	937 "	3
42.	100	1:12.05	369	200	3:07.48	304	800	13:03.01	237	12	16	910	3	

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43.	200	3:04.32	320	100	1:34.48	312	800	12:33.46	266	-	898 "	3	
44.	100	1:22.05	341	200	3:11.88	283	800	12:27.08	273	-	897 "	3	
45.	100	1:30.55	355	200	3:07.64	303	800	13:17.15	224	-	882 "	3	
46.	100	1:16.38	310	200	3:10.36	290	800	12:25.74	274	-	874 "	3	
47.	100	1:16.39	310	800	12:10.42	292	200	3:15.97	266	-	868 "	3	
48.	100	1:33.28	324	200	3:09.65	294	800	12:53.85	245	-	863 "	3	
49.	200	3:06.78	307	100	1:37.61	283	800	12:59.07	240	-	830 "	3	
50.	100	1:16.53	308	200	3:15.74	267	800	12:51.95	247	-	822 "	3	
51.	100	1:37.32	286	800	12:30.84	269	200	3:16.33	265	-	820 "	3	
52.	100	1:16.34	310	200	3:15.85	267	800	13:07.17	233	-	810 "	3	
53.	200	3:14.58	272	100	1:29.45	263	800	12:42.87	256	-	791 "	3	
54.	100	1:27.99	276	200	3:14.00	274	800	13:18.32	223	-	773 "	3	
55.	200	3:10.49	290	100	1:21.22	258	800	13:20.64	221	-	769 "	3	
56.	800	11:08.32	381	100	1:19.85	370	200	-	26 "	-	751 "	3	
57.	800	11:12.23	375	100	1:12.70	359	200	-	26 "	-	734 "	3	
58.	800	12:49.27	250	100	1:32.04	241	200	3:22.70	240	100	-	731 "	3
59.	100	1:19.01	280	800	13:17.54	224	200	3:31.92	210	-	714 "	3	
60.	100	1:38.99	271	200	3:19.87	251	800	14:06.69	187	-	709 "	3	
61.	200	3:23.35	238	100	1:24.01	233	800	13:10.94	230	-	701 "	3	
62.	100	1:20.32	266	200	3:19.79	251	800	14:15.75	181	-	698 "	3	
63.	800	13:05.42	235	200	3:24.94	233	100	1:44.89	228	-	696 "	3	
64.	200	3:20.65	248	100	1:45.86	222	800	13:44.26	203	-	673 "	3	

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						12			16			673	3
	200	2:56.82	362	800	11:54.83	311	100		-				
66.	100	1:42.96	241	200	3:23.12	239	800	14:08.14	26 "	"		666	3
									186				
67.	200	3:23.85	236	100	1:34.65	222	800	13:56.39	26 "	"		652	3
									194				
68.	200	3:19.10	254	800	13:12.07	229	100	1:40.94	"	"		649	3
									166				
69.	100	1:31.80	243	100	1:26.27	215	800	14:26.23	13			633	3
									175				
70.	200	3:29.78	217	800	13:41.67	205	100	1:27.63	16			627	3
									205				
71.	100	1:24.46	229	200	3:31.55	211	800	14:28.55	19 "	"		613	3
									173				
72.	100	1:21.31	317	800	12:13.05	289	200		13			606	3
									-				
73.	800	13:46.07	202	100	1:27.99	202	200	3:38.65	11	"	"	595 "	3
									191		-		
74.	200	3:27.44	224	100	1:30.54	186	800	14:26.69	12			585	3
									175				
75.	100	1:29.98	258	100	1:21.60	254	200		4 "	"		512	3
									-				
76.	100	1:24.78	226	800	13:22.33	220	200		26 "	"		446	3
									-				
77.	200	3:50.96	162	100	1:39.39	140	800	15:37.58	26 "	"		440	3
									138				
78.	800	13:35.37	210	100	1:29.74	191	200		16			401	3
									-				
79.	100	1:07.98	440	200	2:53.51	384			4 "	"		824	2
80.	100	1:25.69	419	200	2:52.53	390			4 "	"		809	2
81.	100	1:09.65	409	100	1:21.89	310			11			719	2
82.	100	1:19.53	339	200	3:06.95	307			4 "	"		646	2
83.	100	1:12.80	358	200	3:11.70	284			4 "	"		642	2
84.	100	1:20.06	332	200	3:12.91	279		-18	11			611	2
85.	200	3:10.88	288	100	1:41.29	253			26 "	"		541	2
86.	100	1:37.19	287	200	3:19.54	252			4 "	"		539	2

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87.	200	3:13.45	277	100	1:33.46	209	11	"	"	-	486 "	2
88.	800	12:49.44	250	100	1:24.86	226	12		26 "	"	476	2
89.	100	1:19.87	271	200	3:37.99	193	12		.		464	2
90.	100	1:26.80	211	200		-	12		.		211	2
91.	100	1:15.20	443				11	"	"		443	1
92.	100	1:18.17	394				11		4 "	"	394	1
93.	100	1:10.58	393				11		4 "	"	393	1
94.	100	1:37.69	282				13	"	"	-	282 "	1
95.	100	1:38.06	279				12	"	"	-	279 "	1
96.	100	1:38.57	275				12	"	"		275	1
97.	100	1:23.22	239				12		26 "	"	239	1
98.	100	1:50.58	195				11	"	"		195	1
99.	100	1:56.98	164				13		26 "	"	164	1

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1.	800	9:19.53	527	100	1:00.82	457	11				1435	3
2.	800	9:24.11	514	100	1:01.29	446	11		26 "	"	1383	3
3.	800	9:31.42	495	100	1:07.81	440	11				1358	3
4.	100	59.58	486	200	2:30.52	434	11	"	"		1344	3
5.	200	2:29.63	442	800	10:00.95	425	11				1280	3
6.	800	9:59.20	429	200	2:32.02	421	13				1245	3
7.	800	9:53.81	441	200	2:36.97	383	12				1206	3

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30.	800	10:41.29	350	100	1:08.76	316	200	2:54.03	281	"	"	-	947"	3
31.	800	10:37.11	357	100	1:09.42	307	200	2:53.72	282	"	"	-	946"	3
	100	1:04.92	376	200	2:51.25	295	800	11:34.48	275	19"	"		946	3
33.	800	10:11.69	403	200	2:48.58	309	100	1:20.42	232				944	3
34.	100	1:07.40	336	800	11:09.78	307	200	2:50.16	300	19"	"		943	3
	800	10:55.47	328	100	1:09.25	309	200	2:49.09	306	13			943	3
36.	800	10:56.02	327	100	1:09.27	309	200	2:50.21	300	11			936	3
37.	800	10:45.02	344	200	2:47.92	312	100	1:15.60	279	12			935	3
38.	800	10:40.07	352	200	2:51.04	296	100	1:11.05	286	12		26"	934	3
39.	200	2:45.38	327	800	11:06.12	312	100	1:14.29	294	11	"	"	933	3
40.	800	10:49.38	337	200	2:44.84	330	100	1:17.05	264	11	"	"	931	3
41.	800	10:47.28	340	100	1:09.66	304	200	2:55.69	273	12			917	3
42.	800	10:52.28	333	200	2:51.32	294	100	1:12.24	272	12		26"	899	3
43.	800	11:03.02	317	200	2:52.07	290	100	1:11.11	286	12	"	"	893"	3
44.	200	2:48.47	309	100	1:25.31	296	800	11:27.36	284	11	"	"	889	3
45.	100	1:01.20	448	800	9:54.71	439	200			11		3	887	3
46.	800	10:56.70	326	100	1:11.63	279	200	2:54.72	277	11	"	"	882	3
47.	800	10:55.48	328	200	2:52.69	287	100	1:17.59	258	12	"	"	873"	3
48.	200	2:50.17	300	800	11:19.57	294	100	1:19.06	278	11	"	"	872	3
49.	800	11:08.35	309	100	1:10.95	288	200	2:56.79	268	12	"	"	865	3
50.	800	11:18.29	296	200	2:53.59	283	100	1:12.37	271	13			850	3
51.	200	2:52.32	289	800	11:28.41	283	100	1:28.68	263	11		3	835	3

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52.	800	11:19.17	295	100	1:19.86	269	200	2:56.74	268	"	"	-	832 "	3
53.	100	1:11.38	282	100	1:18.77	281	200	2:58.67	259	4 "	"	"	822	3
54.	200	2:53.74	282	100	1:12.52	269	800	11:40.68	268				819	3
55.	100	1:11.80	277	200	2:56.52	269	800	11:39.87	269				815	3
	800	11:18.35	296	100	1:12.35	271	100	1:30.42	248				815	3
57.	800	11:21.58	291	100	1:18.76	281	200	3:02.84	242				814	3
58.	800	11:18.01	296	100	1:12.84	266	200	3:02.17	245				807	3
59.	800	9:50.02	449	100	1:06.52	349	200		-				798	3
60.	200	2:56.54	269	100	1:20.31	265	800	11:53.10	254	"	"		788	3
	800	11:31.77	279	200	2:59.54	255	100	1:21.39	254			"	788	3
62.	200	2:54.18	280	800	11:53.43	254	100	1:22.08	248	"	"		782	3
63.	800	11:29.12	282	100	1:13.84	255	200	3:05.40	232	"	"	-	769 "	3
64.	100	1:19.24	276	200	2:58.48	260	800	12:32.99	216			"	752	3
65.	800	11:41.10	268	200	2:57.97	262	100	1:22.25	217			"	747	3
66.	100	1:19.64	271	200	3:03.05	241	800	12:12.67	234			"	746	3
67.	800	11:42.71	266	100	1:21.50	253	200	3:07.78	223	"	"	-	742 "	3
68.	800	11:34.87	275	100	1:23.61	235	200	3:06.29	229			"	739	3
69.	200	2:59.57	255	800	11:54.27	253	100	1:33.42	225			"	733	3
70.	800	11:17.12	297	200	2:58.66	259	100	1:28.60	173			"	729	3
71.	800	11:42.34	266	100	1:16.13	233	200	3:09.77	216	"	"	-	715 "	3
72.	100	1:13.83	255	800	12:09.95	237	200	3:11.05	212	"	"	-	704 "	3
73.	800	11:58.10	249	100	1:16.13	233	200	3:09.25	218	"	"	-	700 "	3

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74.	200	3:01.86	246	800	12:16.11	231	100	1:34.55	217			694	3
75.	200	3:02.91	242	100	1:20.83	228	800	12:28.21	220			690	3
76.	100	1:16.11	233	800	12:21.34	226	200	3:08.46	221			680	3
77.	800	12:04.53	242	100	1:34.46	218	100	1:18.44	213	"	-	673 "	3
78.	800	12:06.30	241	200	3:03.51	239	100	1:38.82	190			670	3
79.	800	11:55.99	251	100	1:18.97	208	200	3:13.17	205	"	-	664 "	3
80.	200	2:42.62	344	100	1:08.74	316	800		-			660	3
81.	200	2:44.88	330	800	11:01.05	319	100		-	"	"	649	3
82.	800	12:18.81	229	100	1:16.99	225	200	3:18.04	190			644	3
83.	200	2:46.40	321	100	1:08.54	319	800		-			640	3
84.	200	3:09.24	218	100	1:19.28	206	800	12:49.40	202			626	3
85.	800	10:35.58	359	100	1:20.78	260	200		16			619	3
86.	100	1:09.19	310	800	11:15.87	299	200		19 "	"		609	3
87.	800	11:10.30	306	100	1:10.13	298	200		"	"		604	3
88.	100	1:16.33	308	100	1:10.94	288	200		4 "	"		596	3
89.	800	12:48.66	203	100	1:20.95	193	200	3:20.09	184			580	3
90.	100	1:20.38	198	800	12:57.62	196	200	3:19.78	185			579	3
91.	800	12:54.27	199	100	1:20.50	197	200	3:22.93	177		"	573	3
92.	800	11:11.56	305	100	1:30.27	250	200		-			555	3
93.	100	1:09.74	303	800	11:59.46	248	200		-			551	3
94.	800	13:02.76	192	200	3:21.83	180	100	1:32.93	171			543	3
95.	100	1:10.36	295	800	12:04.29	243	200		-			538	3

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96.	200	2:56.45	269	100	1:29.04	260	800	19 "	"	529	3
97.	800	11:27.93	283	100	1:23.17	238	200	"	" -	521 "	3
98.	200	3:19.95	185	100	1:25.55	164	800	13:49.17	162	511	3
99.	100	1:24.41	171	200	3:27.25	166	800	13:45.07	164	501	3
100.	800	11:41.36	267	100	1:18.08	216	200	-	100	483	3
101.	800	12:00.58	247	100	1:16.24	232	200	"	"	479	3
102.	800	12:05.54	241	100	1:15.88	235	200	-		476	3
103.	100	1:35.91	155	800	14:03.07	154	200	3:37.89	143	452	3
104.	800	12:12.60	235	100	1:19.58	204	200	"	" -	439 "	3
105.	200	3:04.92	234	100	1:36.86	202	800	-		436	3
106.	100	1:19.36	205	800	12:49.15	203	200	-		408	3
107.	800	12:43.98	207	100	1:37.26	200	200	"	"	407	3
108.	800	12:30.20	218	200	3:23.49	175	100	-		393	3
109.	100	1:28.17	200	800	13:06.77	189	200	16	-	389	3
110.	200	3:16.65	194	800	13:31.05	173	100	-		367	3
111.	100	1:23.57	176	100	1:33.44	168	200	4 "	"	344	3
112.	100	1:41.61	175	800	13:49.14	162	200	16	-	337	3
113.	800	13:48.70	162	100	1:29.94	141	200	16	-	303	3
114.	100	1:26.80	157	800	14:32.38	139	200	19 "	"	296	3
115.	800	14:46.87	132	100	1:41.45	131	200	16	-	263	3
116.	800	14:41.85	134	100	1:35.29	118	200	-		252	3
117.	800	15:11.73	121	200	-	-	100	-		121	3

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118.	100	1:03.67	398	200	2:40.71	356	11	4 "	"	754	2
119.	800	10:41.04	350	100	1:08.97	313	12	3 .		663	2
120.	100	1:06.87	344	200	2:49.19	305	11	4 "	"	649	2
121.	100	1:08.44	320	200	2:56.65	268	11	4 "	"	588	2
122.	100	1:19.94	268	200	3:07.37	225	13	4 "	"	493	2
123.	800	12:00.07	247	200	3:04.36	236	12	"	" -	483 "	2
124.	100	1:14.30	250	200	3:05.88	230	12	4 "	"	480	2
125.	100	1:15.82	236	200	3:16.04	196	12	4 "	"	432	2
126.	800	12:38.67	211	200	3:11.86	209	12	"	"	420	2
127.	800	12:30.92	218	100	1:20.92	194	11	"	"	412	2
128.	100	1:17.46	221	200	3:20.54	183	13	4 "	"	404	2
129.	200	3:23.66	175	100	1:43.82	164	13			339	2
130.	100	1:15.90	235	100		-	12	26 "	"	235	2
131.	100	1:03.86	395				11	4 "	"	395	1
132.	100	1:12.23	273				11	4 "	"	273	1
133.	100	1:21.86	250				13	"	"	250	1
134.	100	1:15.44	239				11	26 "	"	239	1
135.	100	1:16.47	230				11	4 "	"	230	1
136.	100	1:16.96	225				13			225	1
137.	100	1:34.55	217				11	26 "	"	217	1
138.	100	1:19.09	207				11	26 "	"	207	1
139.	100	1:21.54	189				11	26 "	"	189	1
140.	-						13			170	1

" " " " " ||
" " " " " ||
, 5. - 7.4.2024

	100	1:24.57	170						
141.				12		26 "	"	160	1
	100	1:44.63	160						
142.				12				144	1
	100	1:48.45	144						